

manicures and pedicures

Blue Sage Spa Manicure

This full service manicure includes nail shaping, sea fizz hand soak, hydrating cream, paraffin treatment and the polish of your choice. **\$39**

A French manicure requires extra time and an additional \$5.00
Repairs (natural nails only): \$5.00 each

Blue Sage Spa Pedicure

This soothing foot treatment begins with a warm Blue Sage foot soak. Your toenails are filed and feet are exfoliated to remove dead skin. Next your feet are dipped in paraffin to moisturize, hydrate, and rejuvenate. This incredible pedicure is finished with polish of your choice. **\$65**

French Toes require extra time and an additional \$8.00

Manicure & Pedicure Package **\$99**

Express Manicure

The Blue Sage manicure without the paraffin treatment **\$34**

Express Pedicure

The Blue Sage pedicure without the paraffin treatment **\$55**

Mommy and Me Manicures

This manicure consists of the Blue Sage manicure for Mom and a paraffin dip, file, and paint for the little one. (Child must be under 10 years old).

45 minutes \$60

Mommy and Me Pedicures

(Child must be under 10 years old).

60 minutes \$85

Anti-aging Manicure

For individuals who want to keep their hands looking younger, we begin with an Alpha Hydroxy hand peel then place hands in warming mitts, followed by the Blue Sage Manicure.

45 minutes \$55

Manly Mani

Designed for the active man in need of extra exfoliation and hydration. The manicure includes nail bed clean-up, filing, hand soak, Jack Black hand healer, and paraffin wax dip. **\$35**

Manly Pedicure **\$60**

Shellac Manicure

The manicure that lasts up to 14 days! Creative Nail Design's latest invention uses a shellac polish that does not damage your natural nail. Includes the Blue Sage Spa manicure. **\$50**

OPI Polish Change **\$15**

Shellac Polish **\$35**

spa packages

Head to Toe Harmony

A one hour massage and a Blue Sage Spa pedicure

2 hours \$162

Simple Sage

One hour massage, Blue Sage Facial

2 hours \$195

Afternoon Delight

One hour massage, Blue Sage Facial and the Pink Grapefruit Body Scrub

3 hours \$303

Mountain Recovery Package

One hour massage, Thallasootherapy, Seaweed Detoxifying Body Treatment, Sinus Treatment, Blue Sage Express Facial

3-1/2 hours \$362

Just What the Doctor Ordered

One and a half hour massage, Thallasootherapy, Decadent Chocolate Therapy, Custom Clarifying Facial, Blue Sage Spa Manicure

5 hours \$512 (includes lunch)

Gentleman's Getaway

One hour deep tissue massage, Gentleman's Facial, Manly manicure

2-1/2 hours \$243

The Blissful Body

One hour massage and a one hour body treatment of your choice **\$200**

Packages above reflect a 10% discount and include an 18% gratuity.

Design a Personal Package and we will take 10% off the total price and add an 18% gratuity

MUST BE 2 or more hours to receive discount

Most retail products are available
on our website at

www.bluesagespa.com

Cancellation Policy: Your treatment has been reserved especially for you. As a courtesy to our guests and therapists please notify us 24 hours in advance to avoid being charged in full. Thank you for your consideration.

Prices are subject to change

Gift Certificates are available (no refunds on Gift Certificates)

All major credit cards accepted



because nothing else compares

Reliance Place
224 South Main Street
Post Office Box 4445
Breckenridge, CO

970.453.7676

www.bluesagespa.com

massage

At Blue Sage Spa, we pride ourselves on hiring the most highly skilled and experienced massage therapists in the Rocky Mountains. We offer a wide variety of massage styles, from Swedish massage to Pregnancy Massage.

30 minutes \$55 60 minutes \$85 90 minutes \$125

Deep Tissue Massage

30 minutes \$60 60 minutes \$95 90 minutes \$140

specialty massages

Hot Stone Therapy

An ancient treatment using hot and cold stones to create a state of deep relaxation and healing in the body. This therapeutic massage treats the whole body, mind and spirit.

60 minutes \$100 90 minutes \$150

*also available as a couples treatment

Couples Massage

Relax and unwind together in our unique couple's massage room. This intimate setting offers two massage tables, two therapists and one very relaxing atmosphere.

30 minutes \$110 60 minutes \$170 90 minutes \$260

Ashiatsu Therapy

Compression therapy using foot pressure. This flowing, smooth and continuous technique is perfect for the person with chronic back pain, scoliosis, or bulging, herniated disc problems. It is the answer for the seasoned client who never feels a massage is "deep enough".

60 minutes \$100 90 minutes \$150

Thai Ashiatsu - *NEW*

Once again, the therapist uses their feet incorporating the same principles as Thai Massage (see below). Client is fully clothed and on a massage table.

75 minutes \$135

Thai Massage - *NEW*

Unwind in the tradition of Thai Massage. This form of massage is a cross between traditional Thai Massage, sports stretches and assisted passive yoga techniques. Great before and after an active day. Thai Massage is performed fully clothed and on a floor mat.

90 minutes \$150

Hot Stone Sinus Treatment

Hot and cool stones are used to deeply stimulate facial pressure points, aiding in the evacuation of blocked sinus passages and the reduction of sinus pressure.

25 minutes \$50

Aromatherapy

During any treatment, enjoy the healing benefits of essential oils tailored to meet your individual needs. **\$10**

facials

Blue Sage Facial ~ Organic Cleansing & Moisturizing

The exclusive Blue Sage Facial uses fresh natural ingredients to impart healthy, beautiful skin. Let the aromas treat your senses while the highly active products detoxify, stimulate and firm your skin. Feel the difference that organic nutrients make. The esthetician will pamper the face, neck, décolleté, and hands during the one hour treatment. This facial is customized for individual facial needs.

60 minutes \$95

facials continued

The Blue Sage Express

A mini facial designed to cleanse, tone and brighten the skin. The perfect addition to any massage or body treatment.

30 minutes \$65

Biodynamic Facial ~ Beyond Organic Farming

Mother Nature's finest and most potent ingredients are used to create Eminence's latest Biodynamic line. This facial is ideal for those clients who want powerful anti-aging products that are not only organic but are earth friendly too. All ingredients have been grown without chemicals and with intuitive awareness toward the earth and lunar cycles. The hypoallergenic collection includes 9 products designed for all skin types including sensitive. Feel fabulous with these rich healing products and... the earth thanks you.

60 minutes \$115

Replenishing Youth ~ Anti-Aging Repair

This revolutionary 4-layer facelift will truly change the image of your skin in just one application. Vitamin C, glycolic acid and gentle but highly active enzymes speed up cellular turnover. A cocktail of pharmaceutical grade ingredients immediately drench the skin to tighten, lighten, and brighten.

75 minutes \$135

Custom Clarifying Facial ~ Purifying

Specifically designed for oily and blemished skin. We use products to exfoliate, detoxify, and nourish your skin.

75 minutes \$135

Gentleman's Facial

Specially designed Jack Black products accommodate the needs of our male clients. Deep pore cleansing and invigorating massage are combined to give you a healthy appearance.

60 minutes \$95

Scentual Facial ~ Organic Aromatherapy

Add onto the Blue Sage Facial an extra mask and a deluxe foot massage and you will think you are in Heaven. After an hour and a half of delicious aromas, pure vitamin infusions and natural acids, your skin will be radiant. Let Mother Nature's gifts revitalize your entire being.

90 minutes \$145

a la carte up-grades for facials

Organic Passion Peel (add-on to facial only)

This fruit enzyme peel will dissolve dead surface cells without the harshness of chemicals. It will dramatically improve skin tone, clarity, and texture.

\$15

Revitalizing Lip Treatment

Soften the skin and restore plumpness to the lips. This treatment is excellent for dry, flaky lips.

\$30 eye and lip treatments together \$55

Soothing Eye Treatment

The eye area is infused with antioxidants to reduce puffiness and dark circles, leaving eyes refreshed.

\$30 eye and lip treatments together \$55

body treatments

State of the art Hydrotone Tub used in most treatments

Buff and Bronze

Now you can obtain a tan without the damaging effects of the sun. A full body exfoliation is followed by an application of self-tanner. Within hours your skin will appear evenly tanned, with a healthy glow.

60 minutes \$105

Lavender Mountain Glow

Alleviate stress due to altitude with healing properties of sea salt and lavender. Seaweed, organic green tea, and rosehip oil moisturize and soften while vitamins and anti oxidants nourish the body.

60 minutes \$100

Organic Pink Grapefruit Sugar Scrub

Rich and buttery, this incredibly nourishing scrub intensely softens, moisturizes and restores your skin. A pink grapefruit body butter enriched with vitamins A and E will leave the body glowing and silky smooth.

60 minutes \$100

Detoxifying Seaweed Therapy

A rich blend of organic seaweed detoxifies, while mint and eucalyptus essential oils invigorate and refresh the body. This uplifting treatment will help bring harmony back to your body.

60 minutes \$100

Decadent Chocolate Therapy ~ 0 Calories!

Your body is exfoliated with our 100% pure Aqua Dessa chocolate espresso scrub. The chocolate is high in tannins, which release endorphins to help relieve stress. The body is then caressed with our hot fudge mask. This mask is rich in coco butter, which softens the skin, leaving your body feeling nourished, moisturized and refreshed.

90 minutes \$145

Thalassotherapy

Detoxify in a soothing jetted tub of water enriched with your choice of sea salts or Rocky Mountain mud bath. Stimulate the lymphatic system and nourish your body, mind and soul.

30 minutes \$40 With another treatment \$35

finishing touches

Waxing

full leg and bikini **\$75**, full leg **\$55**, half leg **\$35**, french bikini **\$50**, brazilian bikini **\$70**, bikini **\$30**, back or chest **\$45**, arm **\$30**, underarm **\$20**, full face **\$35**, lip **\$15**, eyebrow **\$22**, lip & chin **\$25**

*Special waxing needs available upon request

Tinting

brow **\$15**, eyelash **\$25**, eyelash and brow **\$35**

Make-up Application \$65